



HEALTH & WELLNESS FAIR

**SATURDAY APRIL 5TH
10:00AM - 2:00PM**

**CALVARY UNITED METHODIST CHURCH
403 SOUTH MAIN STREET, MOUNT AIRY**

Local Health Agencies

Food Trucks

All Ages are Welcome!



**Scan QR Code to the right,
or see the back of this flyer for more info!**

HEALTH FAIR AGENCIES BY CATEGORY

1. Elder Aid
 - a. Tim Barkley – Elder Law Attorney
 - b. Carroll County Bureau Of Aging And Disability
 - c. Frederick County Division of Aging and Independence
 - d. Meals On Wheels
 - e. Mt. Airy Commission on Aging and Livability
2. Emergency Aid
 - a. Heartly House – Abuse Shelter And Aid For Men, Women And Children
 - b. Mt. Airy Disaster Relief Fund
 - c. Mt. Airy Net
3. Health Care
 - a. Carroll County Health Dept. – Quick Testing (HIV, Hep C, STDs)
 - b. Love For Lochlin – Immunizations Available (Peds, Flu, Covid), Free Covid/Flu Test Kits
 - c. Pharmacist
 - d. Premier Medical – Physician House Calls – BP checks, glucose, vision
 - e. Summit Nurse Consulting – Nurse Practitioner House Calls
4. Home Care
 - a. ABIC Health Care Services
5. Hospice
 - a. Bridging Life – End of Life Care and Family Support
6. Housing
 - a. Advocates for the Homeless
 - b. Frederick County Housing and Human Services
 - c. Habitat For Humanity
 - d. Human Services Program of Carroll County
7. Mental Health
 - a. American Foundation for Suicide Prevention
 - b. Frederick County Mental Health Association
 - c. Hair Impressions – Wigs for Chemo/Alopecia
 - d. Mt. Airy Psychological Services
 - e. National Alliance of Mental Illness (NAMI)
8. Organ Transplant
 - a. Infinite Legacy
 - b. National Marrow Donor Registry – Register for Donation Of Blood Or Marrow
9. Physical Wellness
 - a. Feldenkrais
 - b. Jazzercise – demos every hour on the half-hour
 - c. Novacare Rehab and Physical Therapy
 - d. Vibrant Life Self Wellness
 - e. Wellness Pointe Acupuncture
10. Public Safety – Children Can Read To A Police Office Or A Fire Fighter
 - a. Mt. Airy Police Dept
 - b. Mt. Airy Volunteer Fire Company
11. Service Clubs
 - a. Four County Lions Club
 - b. Lions Club Of Mt. Airy
 - c. Rotary
 - d. Kiwanis
12. Support Groups
 - a. Alzheimer’s Association
 - b. Calvary Community Care
 - c. On Our Own – Peer Substance Recovery Support Group
 - d. Parkinson’s Support Group
 - e. The Compassionate Friends
 - f. Wags For Hope – Service Dogs
 - g. Whole Heart Grief and Life Resource Center
13. Veterans Assistance
 - a. Babylon Vault – Wreaths Across America Sponsor, Traveling Viet Nam Wall Project
 - b. Blue Star Families
 - c. Carroll County Veterans Independence Project
 - d. Elizabeth Dole Foundation
 - e. Maryland Department of Veterans and Families
 - f. Platoon 22
 - g. VFW
14. Food Trucks
 - a. Cryin’ Johnnies
 - b. Jimmie’s Seafood
 - c. Rita’s
 - d. Smitty’s Smoked Meats and Eats